



Karupa Foundation Education and Research Centre

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Activity Report

IIT Madras as Technical Committee Member

Sanitary napkin manufacturing technologies for the North Eastern Region

Date	05.01.2018
Organized By	RuTAG-IIT Madras
Purpose	Sanitary napkins
Venue	IIT Madras, Chennai
About the Programme	RuTAG- IIT Madras Inviting as a technical Adviser. As we have expertise in the field of napkin testing and manufacturer, we were invited as a panel member for eco-friendly sanitary napkin and disposal techniques.

Work by RuTAG-TN, IITM in sanitary napkins

RuTAG-TN started efforts towards gathering information on existing eco-friendly sanitary napkin technologies in India and had discussions with most of them. The organizations contacted and reports referred to over a period of 4 months from September- December, 2017 are as follows:

- Cloth pads
 - EcoFemme, Auroville- EcoFemme Pads
 - Goonj, New Delhi- 'Not Just a Piece of Cloth' project- MY Pads
 - Jatan Sansthan, Udaipur- UGER Pads
 - Shomota, Kolkata
- Disposable pads
 - Aakar Innovations Pvt. Ltd., Mumbai- Anandi Pads
 - New Light Foundation, Kolkata- Mukti Pads
 - Kanika NGO, Thrissur- Soukhyam Pads
 - Jayashree Industries, Coimbatore
 - Saathi Eco Innovations India Pvt. Ltd., Ahmedabad- Saathi Pads
 - HeyDay Care LLP, New Delhi- heyday Pads
 - Saral Design Solutions Pvt. Ltd., Mumbai
- Bioplastics
 - Earthcare India Pvt. Ltd., Mumbai
- Organizations working in Menstrual Hygiene Management (MHM)
 - Shri Cheema Foundation, Chennai
 - Karupa Foundation, Coimbatore
 - Hygiene and You, New Delhi
- Reports referred
 - Sujatha, R (2017). Status of MHM : Pudhu Vaazhvu Project- Tamil Nadu Rural Transformation Project- Shri Cheema Foundation MHM baseline study.
 - Eijk, A.M, Sivakami, M, Thakkar, M.B, Bauman, A, Laserson, K.F, Coates, S, Phillips- Howard, P.A (2016). Menstrual hygiene management among adolescent girls in India: A systematic review and meta-analysis, BMJ Open 2016 6.
 - USAID, Kiawah Trust and Dasra (2015). Spot on! Improving Menstrual Health and Hygiene in India.
 - Varughese, S, Mani, T (2011). Suggesting eco-friendly disposal methods for sanitary napkins to be used in rural areas, Technical report submitted to RuTAG-TN, Indian Institute of Technology Madras.



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